

Pope Francis has asked that the following
Prayer of Saint Faustina

be prayed during this Extraordinary Jubilee Year.

(8 December, 2015 – 20 November, 2016)



“Help me, O Lord, ...
that my eyes may be merciful, so that
I will never be suspicious or judge by appearances, but always look for
what is beautiful in my neighbours’ souls and be of help to them; ...
that my ears may be merciful,
so that I will be attentive to my neighbours’ needs,
and not indifferent to their pains and complaints; ...
that my tongue may be merciful,
so that I will never speak badly of others,
but have a word of comfort and forgiveness for all; ...
that my hands may be merciful and full of good deeds; ...
that my feet may be merciful, so that I will hasten to help my neighbour,
despite my own fatigue and weariness; ...
that my heart may be merciful,
so that I myself will share in all the sufferings of my neighbour.”

(Extract from *Divine Mercy in My Soul, Diary of St Maria Faustina Kowalska*, 163).

Prayer of Pope Francis for the Jubilee

Lord Jesus Christ,
You have taught us to be merciful
like the heavenly Father,
and have told us that whoever sees you sees Him.
Show us your face and we will be saved.
Your loving gaze freed Zacchaeus and Matthew
from being enslaved by money;
the adulteress and Magdalene from seeking
happiness only in created things;
made Peter weep after his betrayal,
and assured Paradise to the repentant thief.
Let us hear, as if addressed to each one of us,
the words that you spoke to the Samaritan woman:
"If you knew the gift of God!"

You are the visible face of the invisible Father,
of the God who manifests his power above all
by forgiveness and mercy:
let the Church be your visible face in the world,
its Lord risen and glorified.
You willed that your ministers would also be
clothed in weakness in order that
they may feel compassion for those in ignorance and error:
let everyone who approaches them feel
sought after, loved, and forgiven by God.

Send your Spirit and consecrate every one of us
with its anointing,
so that the Jubilee of Mercy may be a year
of grace from the Lord,
and your Church, with renewed enthusiasm,
may bring good news to the poor,
proclaim liberty to captives and the oppressed,
and restore sight to the blind.

We ask this of you, Lord Jesus,
through the intercession of Mary,
Mother of Mercy;
You who live and reign with the Father
and the Holy Spirit for ever and ever.
Amen.

